

# “The Descent of the Holy Spirit in the Cenacle of the Apostles”...

## FROM THE ACTS OF THE APOSTLES:

*“[Peter] raised his voice, and proclaimed to them, “...this is what was spoken through the prophet Joel: ‘It will come to pass in the last days,’ God says, ‘that I will pour out a portion of my spirit upon all flesh. Your sons and your daughters shall prophesy, your young men shall see visions, your old men shall dream dreams.’” (Acts 2:14, 17)<sup>1</sup>*

## MEDITATION ON THE MYSTERY:

Lord, give us the great grace to receive the Holy Spirit ever more fully, as foreseen by the prophet Joel – whose prophecy was so luminously interpreted by St. Peter, foremost among the Apostles of Your Church.  
(cf. SLC, p. 444)

## FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- Regarding the Holy Spirit, St. William the Abbot writes: *“Hasten to become a partaker in the Holy Spirit... and, if he finds you humble and quiet when he comes, ...he will rest upon you, and he will reveal to you what God the Father hides from the wise and the prudent of this world.”*  
(GUILIELMO DI SAINT-THIERRY, *Lo specchio della fede*, in PL 180, 384 [unpublished translation by pfgsm])

<sup>1</sup> NABRE (USCCB)

### FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

- .....
- .....

Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...